

The Newsletter of  
**the Trinity Episcopal Church**  
 Martinsburg, West Virginia

# TEMPO

Trinity—  
 A welcoming,  
 Christ-centered community:  
 Living under grace and  
 Making a difference  
 in people's lives

**Summer 2010**

## The Gift of the Holy Spirit in Ordinary Times

Summer is a time to create memories and savor stories of generations in our families. On Sundays celebrating the church's collective memory is an integral part of celebrating the Eucharist. Some Christians speak of summer as the season of "ordinary time."

As the gospel of Lent, Easter and Pentecost has centered us in the core of our faith and life, we now see our ordinary days filled with the extraordinary gospel. As our birthright as Christians, this extraordinary life in the Holy Spirit is in fact our ordinary experience. We discover and look for the extraordinary gift of each day.

Summer is a time to center our lives more deeply in what God has given us and made of us. We are called to reflect on how to be the church, how to be the body of Christ, how to live out the Pentecost gift, and how to be God's people in the world. . We are called to be reformed, renewed, refreshed, restored, and recreated.

*"This is the day that the Lord has made;  
 let us rejoice and be glad in it!"*



### ***Sunday Worship Times***

7:30 a.m.

*Holy Eucharist, Rite I*

9:30 a.m.

*Holy Eucharist, Rite II*

### ***Summer Office Hours***

*During the summer, the parish office will be closed on Fridays. Our hours will be:*

*Mon-Thrus.*

*8:30 a.m. – 2:30 p.m.*

### **TRINITY IS WORKING TO:**

- Build a legacy for future generations while preserving our rich heritage
- Become a diverse, family-friendly, baptismal community
- Renew wonder and joy in worship
- Create an awareness of and response to the Millennium Development Goals.
- Tell our Story

St. Mary's Guild members take a break during the Province III ECW meeting held at Trinity in April.

More pictures of our life together at [trinitymartinsburg.org/pictures](http://trinitymartinsburg.org/pictures)

## Rector's Reflections



The Rev. Julie N. Harris



A gift to ERD is an easy way to make a significant difference to those in need. When you contribute through Trinity to ERD, you can deduct your donation and keep your name off charitable "mailing" lists.

### Upcoming Dates of Note:

#### **September 5<sup>th</sup>**

Phil Steptoe and Lynne Seibert Wedding

#### **September 10-12**

Diocesan Convention in Flatwoods.

#### **September 19<sup>th</sup>**

Welcome Back Sunday!  
Return to 10:30 a.m.  
worship and Sunday  
School Registration  
All Parish Potluck

#### **Sunday, October 3<sup>rd</sup>**

Evening Prayer with The  
Most Rev. Katharine  
Jefferts-Schori at Trinity,  
Shepherdstown

## The Gift of Sabbath Keeping

Do you ever despair that there is too little time and too much to do? I know that I do. We tend to live in a 24/7 world that expects too much from us and leaves us exhausted by trying to honor all the demands on our time, talent, and treasure.

Fortunately, summer is traditionally a time when life slows down a bit. We take advantage of lazy summer evenings to gather with friends around a barbecue grill, to walk in the garden, and engage in outdoor activities that we enjoy. Often it is a time when we experience a time away from the normal busy-ness of our lives. We gain new perspective by traveling or reading a book we have not had time for. Summer is a Sabbath time.

The practice of Sabbath keeping, of setting aside time for rest and worship is an important part of our religious tradition, but in our modern 24/7 world it is a practice we often ignore at our own peril. We need Sabbath time, even though we doubt that we have time for it. Sabbath keeping is commended to us in Holy Scripture. In Exodus (20:8-11) the commandment to "remember" the Sabbath is grounded in the story of creation. In Deuteronomy (5:12-15) the commandment to "observe" the Sabbath sees to it that no one, not even animals will work without respite. The Sabbath is a time to remember God's grace in our lives and to give honor to God.

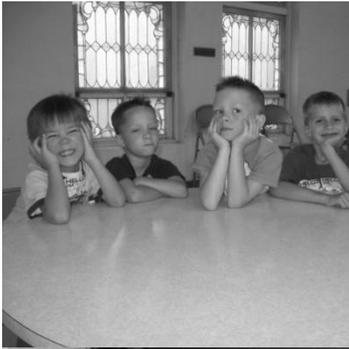
This summer, I invite you to receive the gift of Sabbath – a time when commerce stops, feasts are served and all God's children play. This is a time when we can honor our reliance on God's abundance and grace. This summer, take time to worship God and then "waste" some time on the pleasure of being together with loved ones while sharing your enjoyment of art, nature, or athletics. Spend time in solitude. Take time to sleep, read, reflect, walk and pray. Visit with friends. Create memories. Share your faith stories with one another.

As you read this edition of the TEMPO, I will be taking some Sabbath time to renew my relationship with God and my family. Thank you for the gift of time away.

Peace and Grace.

*"Sabbath keeping is not about taking a day off but about being recalled to our knowledge of and gratitude for God's activity in creating the world, giving liberty to captives, and overcoming the powers of death."*

- Dorothy C. Bass



**SUMMER JOY**  
 Trinity Episcopal Church Vacation Bible School  
 August 17-19, 2010

Come join the fun!  
 Volunteers and Participants wanted.

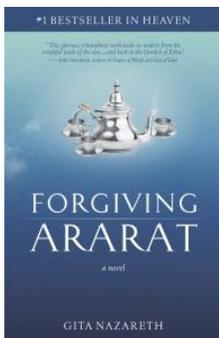


St. Mary's Guild  
 Courtyard Sale  
 Saturday, June 5<sup>th</sup>  
 8 AM to 2 PM

Baked Goods  
 Hamburgers, Hot Dogs  
 Country Ham Sandwiches  
 Coffee and Cold Drinks



Save the Date!  
 Our annual parish picnic will be on  
 Sunday, August 29<sup>th</sup> at  
 The Rotary Pavilion at Poor House Farm



**One Book + One Parish + One Summer 2010**

Stay connected. Read the novel Forgiving Ararat by Gita Nazareth this summer and then join the conversation in early September.

Forgiving Ararat is a miraculous and mesmerizing novel about life, death, healing, justice, forgiveness, and what it means to be both human and Divine. It was nominated "#1 Best Beach Read for 2010" and "Favorite Spiritual Novel" by readers on Oprah.com.



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# Summer Worship

## Beginning Sunday, May 30th

7:30 a.m. - Holy Eucharist, Rite I

9:30 a.m. - Holy Eucharist, Rite II