

**Sunday, February 22, 2026, 1 Lent**  
**First Sunday in Lent**  
**Liturgy of the Word- Rite Two**

# Lent



## The Word of God

### **GREAT LITANY (BCP) (BCP p. 148)**

*All stand.*

O God the Father, Creator of heaven and earth,  
*Have mercy upon us.*

O God the Son, Redeemer of the world,  
*Have mercy upon us.*

O God the Holy Ghost, Sanctifier of the faithful,  
*Have mercy upon us.*

O holy, blessed, and glorious Trinity, one God,  
*Have mercy upon us.*

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

*Spare us, good Lord.*

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

*Good Lord, deliver us.*

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

*Good Lord, deliver us.*

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

*Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

*Good Lord, deliver us.*

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

*Good Lord, deliver us.*

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

*Good Lord, deliver us.*

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

*Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,  
*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*We beseech thee to hear us, good Lord.*

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

*We beseech thee to hear us, good Lord.*

That it may please thee to bless and keep all thy people,

*We beseech thee to hear us, good Lord.*

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

*We beseech thee to hear us, good Lord.*

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

*We beseech thee to hear us, good Lord.*

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,  
*We beseech thee to hear us, good Lord.*

That it may please thee so to rule the hearts of thy servants, the President of the United States (or of this nation), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

*We beseech thee to hear us, good Lord.*

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

*We beseech thee to hear us, good Lord.*

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

*We beseech thee to hear us, good Lord.*

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

*We beseech thee to hear us, good Lord.*

That It may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

*We beseech thee to hear us, good Lord.*

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

*We beseech thee to hear us, good Lord.*

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

*We beseech thee to hear us, good Lord.*

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

*We beseech thee to hear us, good Lord.*

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,  
*We beseech thee to hear us, good Lord.*

That it may please thee to have mercy upon all mankind,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,  
*We beseech thee to hear us, good Lord.*

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,  
*We beseech thee to hear us, good Lord.*

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,  
*We beseech thee to hear us, good Lord.*

That it may please thee to grant to all the faithful departed eternal life and peace,  
*We beseech thee to hear us, good Lord.*

That it may please thee to grant that, in the fellowship of [name(s)] and] all the saints, we may attain to thy heavenly kingdom,  
*We beseech thee to hear us, good Lord.*

Son of God, we beseech thee to hear us.

*Son of God, we beseech thee to hear us.*

O Lamb of God, that takest away the sins of the world,  
*Have mercy upon us.*

O Lamb of God, that takest away the sins of the world,  
*Have mercy upon us.*

O Lamb of God, that takest away the sins of the world,  
*Grant us thy peace.*

O Christ, hear us.

*O Christ, hear us.*

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

## THE COLLECT OF THE DAY (BCP p. 357)

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## The Lessons

### FIRST READING: Genesis 2:15-17; 3:1-7 *The people sit.*

A Reading from the book of Genesis.

<sup>15</sup>The LORD God took the man and put him in the garden of Eden to till it and keep it. <sup>16</sup>And the LORD God commanded the man, “You may freely eat of every tree of the garden; <sup>17</sup>but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” <sup>3:1</sup>Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not

eat from any tree in the garden’?” <sup>2</sup>The woman said to the serpent, “We may eat of the fruit of the trees in the garden; <sup>3</sup>but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” <sup>4</sup>But the serpent said to the woman, “You will not die; <sup>5</sup>for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” <sup>6</sup>So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup>Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader*            The Word of the Lord.

*People*            Thanks be to God.

*Silence may follow.*

### **PSALM: Psalm 32 *Remain seated.***

<sup>1</sup>Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!

<sup>2</sup>Happy are they to whom the LORD imputes no guilt, \*  
and in whose spirit there is no guile!

<sup>3</sup>While I held my tongue, my bones withered away, \*  
because of my groaning all day long.

<sup>4</sup>For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.

<sup>5</sup>Then I acknowledged my sin to you, \*  
and did not conceal my guilt.

<sup>6</sup>I said, “I will confess my transgressions to the LORD.” \*  
Then you forgave me the guilt of my sin.

<sup>7</sup>Therefore all the faithful will make their prayers to you in time of trouble; \*  
when the great waters overflow, they shall not reach them.

<sup>8</sup>You are my hiding-place;  
you preserve me from trouble; \*  
you surround me with shouts of deliverance.

<sup>9</sup>“I will instruct you and teach you in the way that you should go; \*  
I will guide you with my eye.

<sup>10</sup>Do not be like horse or mule, which have no understanding; \*  
who must be fitted with bit and bridle,  
or else they will not stay near you.”

<sup>11</sup>Great are the tribulations of the wicked; \*  
but mercy embraces those who trust in the LORD.

<sup>12</sup>Be glad, you righteous, and rejoice in the LORD; \*  
shout for joy, all who are true of heart.

### **SECOND READING: Romans 5:12-19 *The people sit.***

A Reading from Paul's letter to the Church in Rome.

<sup>12</sup>Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—<sup>13</sup>sin was indeed in the world before the law, but sin is not reckoned when there is no law. <sup>14</sup>Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. <sup>15</sup>But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup>And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many

trespasses brings justification.<sup>17</sup>If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.<sup>18</sup>Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all.<sup>19</sup>For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* The Word of the Lord.

*People* Thanks be to God.

*Silence may follow.*

**SEQUENCE HYMN *O love, how deep, how broad, how high (Deus tuorum militum)* (H 448) All stand.**



1 O love, how deep, how broad, how high, how pass - ing  
 2 For us bap - tized, for us he bore his ho - ly  
 3 For us he prayed; for us he taught; for us his  
 4 For us to wick - ed hands be - trayed, scourged, mocked, in  
 5 For us he rose from death a - gain; for us he  
 6 All glo - ry to our Lord and God for love so

1 thought and fan - ta - sy, that God, the Son of  
 2 fast and hun - gered sore; for us temp - ta - tions  
 3 dai - ly works he wrought: by words and signs and  
 4 pur - ple robe ar - rayed, he bore the shame - ful  
 5 went on high to reign; for us he sent his  
 6 deep, so high, so broad; the Trin - i - ty whom

1 God, should take our mor - tal form for mor - tals' sake.  
 2 sharp he knew; for us the tempt - er ov - er - threw.  
 3 ac - tions, thus still seek - ing not him - self, but us.  
 4 cross and death; for us gave up his dy - ing breath.  
 5 Spi - rit here to guide, to strength - en, and to cheer.  
 6 we a - dore for ev - er and for ev - er - more.

**GOSPEL: Matthew 4:1-11 All stand.**

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* Glory to you, Lord Christ.

<sup>1</sup>[After Jesus was baptized, he] was led up by the Spirit into the wilderness to be tempted by the devil.<sup>2</sup>He fasted forty days and forty nights, and afterwards he was famished.<sup>3</sup>The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread."<sup>4</sup>But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"<sup>5</sup>Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup>saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"<sup>7</sup>Jesus said to him, "Again it is written, 'Do

not put the Lord your God to the test.’” <sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; <sup>9</sup>and he said to him, “All these I will give you, if you will fall down and worship me.” <sup>10</sup>Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” <sup>11</sup>Then the devil left him, and suddenly angels came and waited on him.

*Deacon*            The Gospel of the Lord.  
*People*            Praise to you, Lord Christ.

## THE SERMON (BCP p. 358)

### THE CREED (BCP p. 358) *All stand.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.

For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
    who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

### THE PRAYERS OF THE PEOPLE (BCP p. 359) *All remain standing.*

Father, we pray for your holy catholic Church;  
*That we all may be one.*  
Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*  
We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*  
Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*  
Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*  
Give to the departed eternal rest;  
*Let light perpetual shine upon them.*  
We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*  
Let us pray for our own needs and those of others.

*Silence*

*The People may add their own petitions.*

*The Celebrant adds a concluding Collect.*

#### **CONFSSION OF SIN (BCP p. 359)** *The Deacon says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.

We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Deacon stands and says*

Almighty God have mercy on us, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

#### **THE PEACE (BCP p. 360)** *All stand.*

*Celebrant*      The peace of the Lord be always with you.  
*People*           And also with you.

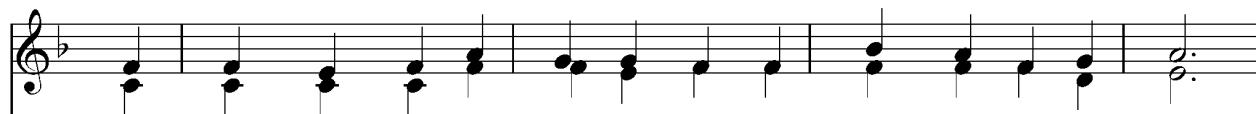
*Then the Ministers and the People may greet one another in the name of the Lord.*

## The Holy Communion

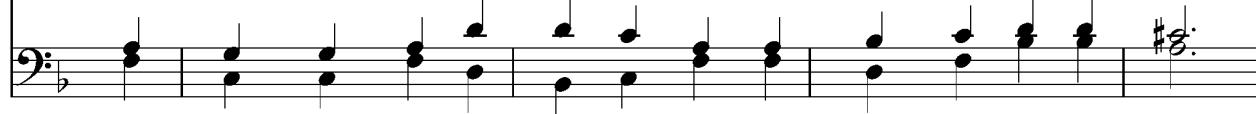
## OFFERTORY SENTENCE (BCP p. 376) *The Celebrant says*

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalm 50:14*

## OFFERTORY HYMN *Lord, who throughout these forty days (St. Flavian) (H 142)*



1 Lord, who through-out these for - ty days for us didst fast and pray,  
2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,  
3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.  
2 O give us strength in thee to fight, in thee to con-quer sin.  
3 to die to self, and chief - ly live by thy most ho - ly word.  
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
5 an Eas - ter of un - end - ing joy we may at - tain at last!



in the name of the Lord. Ho - san - na



in the high - est. Ho - san - na in the high - est.



## THE LORD'S PRAYER (BCP p. 363)

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

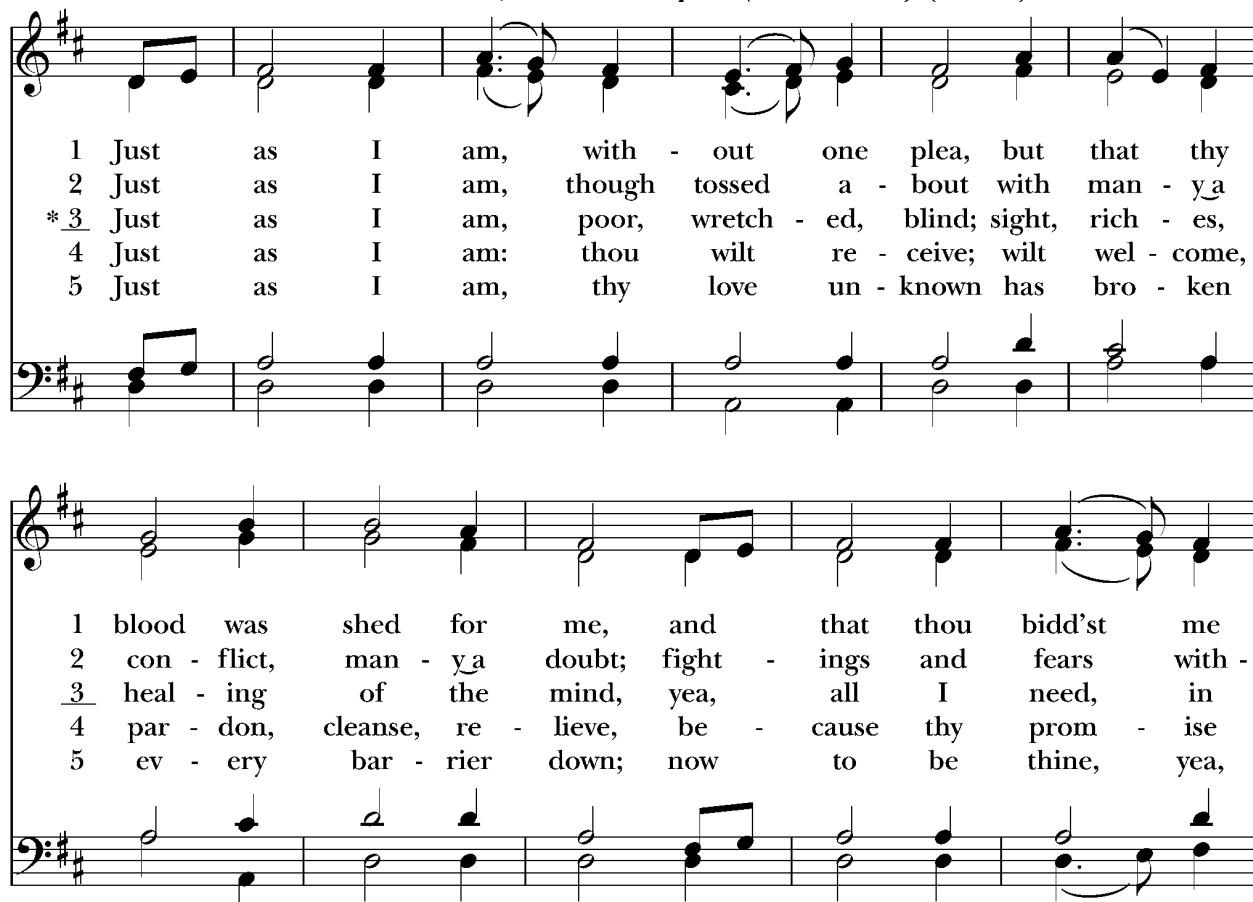
And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

**DISTRIBUTION (BCP p. 365)** *The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people. The Bread and the Cup are given to the communicants with these words*

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. [Amen.]

## COMMUNION HYMN *Just as I am, without one plea (Woodworth) (H 693)*



1 Just as I am, with - out one plea, but that thy  
2 Just as I am, though tossed a - bout with man - y a  
\* 3 Just as I am, poor, wretch - ed, blind; sight, rich - es,  
4 Just as I am: thou wilt re - ceive; wilt wel - come,  
5 Just as I am, thy love un - known has bro - ken

1 blood was shed for me, and that thou bidd'st me  
2 con - flict, man - y a doubt; fight - ings and fears with -  
3 heal - ing of the mind, yea, all I need, in  
4 par - don, cleanse, re - lieve, be - cause thy prom - ise  
5 ev - ery bar - rier down; now to be thine, yea,

1 come to thee, O Lamb of God, I come, I come.  
 2 in, with - out, O Lamb of God, I come, I come.  
 3 thee to find, O Lamb of God, I come, I come.  
 4 I be - lieve, O Lamb of God, I come, I come.  
 5 thine a - lone, O Lamb of God, I come, I come.

6 Just as I am, of thy great love  
 the breadth, length, depth, and height to prove,  
 here for a season, then above:  
 O Lamb of God, I come, I come.

**POST-COMMUNION HYMN *Dear Lord and Father of mankind (Rest)* (H 652)**

1 Dear Lord and Fa - ther of man - kind, for - give our fool - ish  
 2 In sim - ple trust like theirs who heard, be - side the Syr - ian  
 3 O Sab - bath rest by Gal - i - lee! O calm of hills a -  
 4 Drop thy still dews of qui - et - ness, till all our striv - ings  
 5 Breathe through the heats of our de - sire thy cool - ness and thy

1 ways! Re - clothe us in our right - ful mind, in  
 2 sea, the gra - cious call - ing of the Lord, let  
 3 bove, where Je - sus knelt to share with thee the  
 4 cease; take from our souls the strain and stress, and  
 5 balm; let sense be dumb, let flesh re - tire; speak

1 pur - er lives thy ser - vice find, in deep - er rev - erence, praise.  
2 us, like them, with - out a word, rise up and fol - low thee.  
3 si - lence of e - ter - ni - ty in - ter - pret - ed by love!  
4 let our or - dered lives con - fess the beau - ty of thy peace.  
5 through the earth-quake, wind, and fire, O still, small voice of calm.

### DISMISSAL (BCP p. 366)

Let us go forth in the name of Christ.

*People*      Thanks be to God.

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