

Sunday, March 8, 2026
Third Sunday in Lent
The Holy Eucharist Rite Two



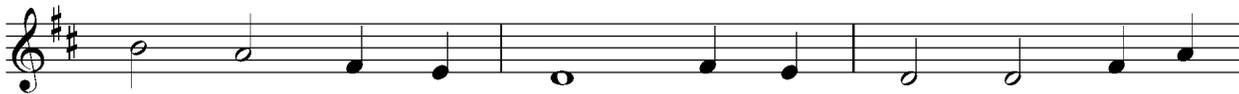
The Word of God

Penitential Order

ENTRANCE HYMN *Come, thou fount of every blessing* (H 686)



1 Come, thou fount of ev - ery bless - ing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly



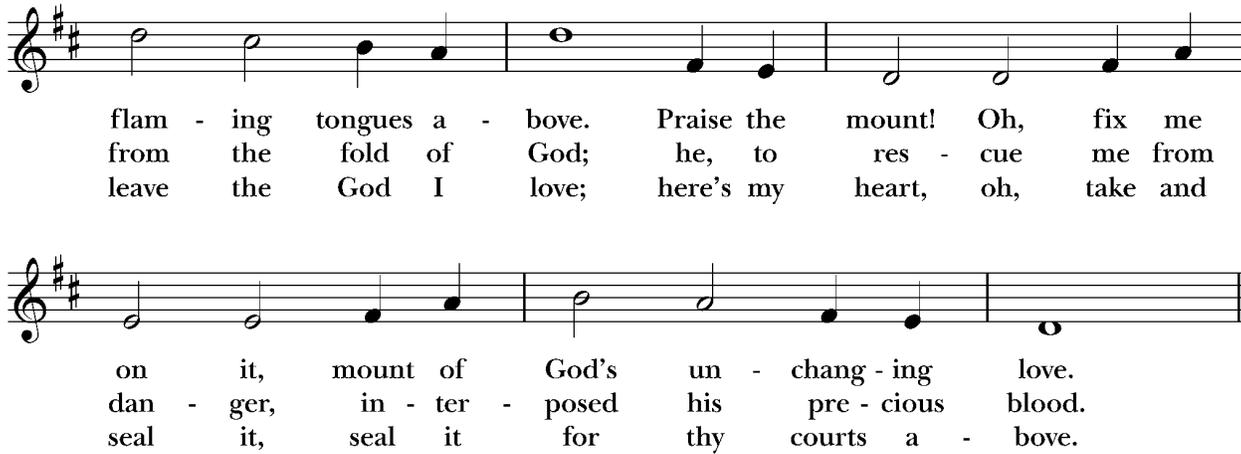
heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and
 on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

OPENING ACCLAMATION (BCP p. 351) *The people standing, the Celebrant says*

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

DECALOGUE (BCP p. 350) *The Decalogue is said, the People kneeling.*

Hear the commandments of God to his people:
 I am the Lord your God who brought you out of bondage.
 You shall have no other gods but me.
Amen. Lord have mercy.
 You shall not make for yourself any idol.
Amen. Lord have mercy.
 You shall not invoke with malice the Name of the Lord your God.
Amen. Lord have mercy.
 Remember the Sabbath Day and keep it holy.
Amen. Lord have mercy.
 Honor your father and your mother.
Amen. Lord have mercy.
 You shall not commit murder.
Amen. Lord have mercy.
 You shall not commit adultery.
Amen. Lord have mercy.
 You shall not steal.
Amen. Lord have mercy.
 You shall not be a false witness.
Amen. Lord have mercy.
 You shall not covet anything that belongs to your neighbor.
Amen. Lord have mercy.

CONFESSION OF SIN (BCP p. 351) *The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor. *Silence may be kept. Minister and People*
 Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

OPENING ANTHEM OR SONG OF PRAISE (BCP p. 356) *The following is sung, all standing*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

THE COLLECT OF THE DAY (BCP p. 357)

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons

FIRST READING: Exodus 17:1-7 *The people sit.*

A Reading from the book of Exodus.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The Word of the Lord.

People Thanks be to God.

Silence may follow.

PSALM: Psalm 95 *Remain seated.*

- ¹Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- ²Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- ³For the LORD is a great God, *
and a great King above all gods.
- ⁴In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- ⁵The sea is his, for he made it, *
and his hands have molded the dry land.
- ⁶Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- ⁷For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- ⁸Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- ⁹They put me to the test, *
though they had seen my works.
- ¹⁰Forty years long I detested that generation and said, *
“This people are wayward in their hearts;
they do not know my ways.”
- ¹¹So I swore in my wrath, *
“They shall not enter into my rest.”

SECOND READING: Romans 5:1-11 *The people sit.*

A Reading from Paul's letter to the Church in Rome.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People Thanks be to God.

Silence may follow.

SEQUENCE HYMN (C 548 AS THE DEER) *All stand.*

GOSPEL: John 4:5-42 *All stand.*

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."⁸(His disciples had gone to the city to buy food.)⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?"¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?"¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again,¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."¹⁶Jesus said to her, "Go, call your husband, and come back."¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband';¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!"¹⁹The woman said to him, "Sir, I see that you are a prophet."²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem."²²You worship what you do not know; we worship what we know, for salvation is from the Jews.²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.²⁴God is spirit, and those who worship him must worship in spirit and truth."²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us."²⁶Jesus said to her, "I am he, the one who is speaking to you."²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?"²⁸Then the woman left her water jar and went back to the city. She said to the people,²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"³⁰They left the city and were on their way to him.³¹Meanwhile the disciples were urging him, "Rabbi, eat something."³²But he said to them, "I have food to eat that you do not know about."³³So the disciples said to one another, "Surely no one has brought him something to eat?"³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work."³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting.³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.³⁷For here the saying holds true, 'One sows and another reaps.'³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done."⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days.⁴¹And many more believed because of his word.⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

THE SERMON (BCP p. 358)

THE CREED (BCP p. 358) *All stand.*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE (BCP p. 359) *All remain standing.*

Father, we pray for your holy catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions. The Celebrant adds a concluding Collect.

THE PEACE (BCP p. 360) *All stand.*

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

OFFERTORY SENTENCE (BCP p. 376) *The Celebrant says*

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalm 50:14*

OFFERTORY HYMN *Rock of ages, cleft for me (Toplady) (H 685)*

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
2 Should my tears for ev - er flow, should my zeal no lan - guor know,
3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
all for sin could not a - tone: thou must save, and thou a - lone;
when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou-ble cure, cleanse me from its guilt and power.
 in my hand no price I bring, sim - ply to thy cross I cling.
 Rock of a - ges, cleft for me, let me hide my - self in thee.

The Great Thanksgiving

SURSUM CORDA (BCP p. 361) *The People remain standing.*

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

PROPER PREFACE (BCP p. 361) *Facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS (BCP p. 362) *Celebrant and People*

Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

WORDS OF INSTITUTION (BCP p. 362) *The People stand or kneel.*

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

EPICLESIS (BCP p. 363) *The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

THE LORD'S PRAYER (BCP p. 363)

As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and forever. Amen.

The Breaking of the Bread

FRACTION ANTHEM (BCP p. 364)

Christ our Passover is sacrificed for us;

therefore let us keep the feast.

INVITATION (BCP p. 364) *The Celebrant says*

The Gifts of God for the People of God.

DISTRIBUTION (BCP p. 365)

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given to the communicants with these words

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. [*Amen.*]

COMMUNION HYMN *Shepherd of souls, refresh and bless (St. Agnes) (H 343)*

1 Shep - herd of souls, re - fresh and bless thy cho - sen
 2 We would not live by bread a - lone, but by thy
 3 Be known to us in break - ing bread, and do not
 4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the
 word of grace, in strength of which we
 then de - part; Sa - vior, a - bide with
 and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.
 trav - el on to our a - bid - ing - place.
 us, and spread thy ta - ble in our heart.
 heaven - ly wine, be our im - mor - tal food.

POST-COMMUNION PRAYER (BCP p. 365) *After Communion, the Celebrant says*

Let us pray.

Celebrant and People

Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,

and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING (BCP p. 366) *The Priest blesses the people, saying*

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

POST-COMMUNION HYMN *Guide me, O thou great Jehovah (Cwm Rhondda) (H 690)*

1 Guide me, O thou great Je - ho - vah, pil - grim through this
2 O - pen now the crys - tal foun-tain, whence the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
stream doth flow; let the fire and cloud - y pil - lar
fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
lead me all my jour - ney through; strong de - liv - erer,
land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

DISMISSAL (BCP p. 366)

Let us go forth in the name of Christ.

People Thanks be to God.

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WELCOME TO ALL GUESTS

A special warm greeting to our Guests or Newcomers!

**We are delighted you are here and celebrate your presence with us this morning!
 Please accept a welcome bag at our Usher's stand and sign the visitors log located in our Narthex. If you would like to know more about our community of faith or are interested in membership, please leave your name, email, and phone number, and introduce yourself to Rev. Bobby. We look forward to getting to know you.**

All baptized persons are welcome at the Lord's table for communion.

All people are invited to the Altar rail for a Blessing.

Please join us for coffee and fellowship following the service.

Our Nursery is always open for your use, it is located on our lower level. Our restrooms are located on the lower level and outside our parish hall.

Please join us for coffee and fellowship following the service.

A special thank you to all volunteer ministries for their commitment to Trinity.